

PRESS RELEASE

For immediate publication!

Sportswear for Employees

Langmatz rewards commitment to health

Garmisch-Partenkirchen, 5 July 2018 – At Langmatz GmbH, the health of the company's 400-plus employees is given high priority. To foster occupational health management (OHM), an active jogging and Nordic walking group has emerged among the employees, made up of both women and men. Langmatz management has now responded to this development and has issued a complete starter set of high-quality sportswear as a reward for active and continuous participation. The set consists of a tracksuit, T-shirt, rain jacket and training bag with shoe compartment. "This gift is intended as a token of appreciation for the colleagues who regularly participate in OHM activities. In addition, we'd like our company to have a consistent appearance even in sports activities," says Angelika Schubert, Langmatz OHM coordinator and driving force, commenting on the success of the campaign.

The Garmisch-Partenkirchen- and Oberau-based company has long since been intensely committed to offering its employees ideal working conditions. OHM includes conscious stress reduction and mitigation of workplace health risks, and motivating employees to take part in sports. Plenty of fresh fruit is also provided each day free of charge. In addition to back exercises, anti-stress programmes, nutritional courses and prevention, there are a number of activities under the banner of "movement". In line with this, a Langmatz running group will be taking part in the annual B2run in Munich for the fifth time in a row. In 2016, the company was awarded the AOK "Healthy Company Certificate" for its OHM programme, which underwent routine inspection by the health insurance company again this year and was once again awarded the distinction for another two years.



Regelmäßige Teilnehmer der Jogging
und Nordic Walking Gruppe

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