

## PRESS RELEASE

*For immediate publication!*

### **AOK once again awards the silver certificate to Langmatz for its outstanding commitment to healthy working conditions**

*Garmisch-Partenkirchen, 23 July 2018* – Langmatz GmbH was the second company in Bavaria in 2013 to receive the silver certificate for its workplace health management system (WHM). Now, the AOK audit committee has once again recognised the company's outstanding commitment to promoting health in the workplace by awarding the “Healthy Company” silver certificate. Angelika Schubert, long-time coordinator of WHM measures at Langmatz and the driving force behind these activities, is happy about the recertification: “It is a wonderful acknowledgement of our hard work that we were able to once again convince the AOK auditors with the results of our health management system and receive the silver certificate.” According to Schubert, the objective for all WHM activities is to design healthy working conditions and improve the quality of life in the workplace.

According to AOK, the areas being audited include the integration of WHM in the company policy, the promotion of employees' health, their active participation in measures, HR management, the reporting system, and the company's occupational safety and work safety. The Garmisch-Partenkirchen and Oberau based company managed to impress the auditors regarding all the points above. “Over the last few years, workplace health management has developed into a fixed part of our company culture, which guides the actions of our 430 employees, the works council and company management alike”, says Reinhard Kreusel, General Manager at Langmatz, satisfied with the results.

Among the numerous options available to employees, exercise is at the top of the list. For example, Langmatz has started a special programme to help prevent back injuries: With the motto “Exercise during the work break”, a physiotherapist visits the departments during the work day to lead employees in exercises to help strengthen their backs.



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